

PK Antw KB 26: Session: 2: COACH evaluation sheet for TEAM: WST

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Verstappen Emma

Coaches: Van de Weyer Rune

Coaches: Fobelets Jos

Coaches: Van Olmen Jill

Coaches: Mertens Wenke

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 9: 200M BUTTERFLY MEN 13+							Heat:2, starttime: 14:04	
Heat: 2/2 Lane : 2 Athlete: VAN WAELDEREN THOMAS							Q-time: 02:15:61	
PB (25m pool): 02:15.61 Mol 28/12/2025							PB (50m pool): 02:21.70 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.68		01:04.35		01:39.82		02:15.61
	00:29.68		00:34.67		00:35.47		00:35.79	
								

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+							Heat:10, starttime: 14:24	
Heat: 10/17 Lane : 1 Athlete: VAN ROOSBROECK YUNA							Q-time: 01:08:14	
PB (25m pool): 01:08.14 Herentals 09/05/2026							PB (50m pool): 01:09.14 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:32.97		01:08.14				
	00:32.97		00:35.17					
								

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+							Heat:12, starttime: 14:27	
Heat: 12/17 Lane : 3 Athlete: LAUREYS XANTE							Q-time: 01:05:76	
PB (25m pool): 01:05.76 Hasselt 04/05/2025							PB (50m pool): 01:06.63 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:32.43		01:05.76				
	00:32.43		00:33.33					
								

Coach feedback:

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Event number: 11: 200M MEDLEY MEN 11+							Heat:1, starttime: 14:37	
Heat: 1/10 Lane : 4 Athlete: VAN WAELDEREN KAREL							Q-time: 03:18:12	
PB (25m pool): no time			PB (50m pool): 03:18.12 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:9, starttime: 15:05	
Heat: 9/10 Lane : 6 Athlete: GYULNAZARYAN MAX							Q-time: 02:24:21	
PB (25m pool): 02:24.21 3500 Hasselt 23/11/2025				PB (50m pool): 02:26.62 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.92		01:08.03		01:52.15		02:24.21
	00:30.92		00:37.11		00:44.12		00:32.06	
								

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:4, starttime: 15:18
Heat: 4/7 Lane : 6 Athlete: VAN ROOSBROECK YUNA				Q-time: 01:24:30	
PB (25m pool): 01:24.30 Mol 28/12/2025			PB (50m pool): 01:25.47 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.61		01:24.30	
	00:39.61		00:44.69		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+							Heat:5, starttime: 15:20		
Heat: 5/7 Lane : 8 Athlete: LEMMENS FEBE							Q-time: 01:23:32		
PB (25m pool): 01:23.32 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:25.44 SB: no time									
	2 5 M		5 0 M		7 5 M		1 0 0 M		
PB			00:38.77				01:23.32		
	00:38.77				00:44.55				
									

Coach feedback:

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Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:6, starttime: 15:22
Heat: 6/7 Lane : 5 Athlete: VINGERHOETS MADELIEF					Q-time: 01:17:80
PB (25m pool): 01:17.51 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): 01:20.65 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:17.51	
	no time				
					

Coach feedback:

Event number: 13: 200M BACKSTROKE MEN 13+							Heat:3, starttime: 15:49	
Heat: 3/4 Lane : 4 Athlete: SLUYTS TIBE							Q-time: 02:26:96	
PB (25m pool): 02:26.96 3500 Hasselt 23/11/2025				PB (50m pool): 02:24.74 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.47		01:11.41		01:49.57		02:26.96
	00:34.47		00:36.94		00:38.16		00:37.39	
								

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+					Heat:2, starttime: 16:16
Heat: 2/12 Lane : 3 Athlete: VAN WAELDEREN KAREL					Q-time: 00:41:30
PB (25m pool): no time PB (50m pool): 00:41.30 SB: no time					
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+					Heat:8, starttime: 16:22
Heat: 8/12 Lane : 5 Athlete: SLUYTS JENNE					Q-time: 00:29:24
PB (25m pool): 00:29.24 Herentals 09/05/2026 PB (50m pool): 00:29.18 SB: no time					
	2 5 M	5 0 M			
PB		00:29.24			
	00:29.24				
					

Coach feedback:

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Event number: 15: 50M BUTTERFLY MEN 11+			Heat:9, starttime: 16:23
Heat: 9/12 Lane : 2 Athlete: SLUYTS TIBE			Q-time: 00:28:96
PB (25m pool): 00:28.96 Herentals 09/05/2026			PB (50m pool): 00:29.86 SB: no time
	2 5 M	5 0 M	
PB		00:28.96	
		00:28.96	
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:9, starttime: 16:23
Heat: 9/12 Lane : 6 Athlete: GYULNAZARYAN MAX			Q-time: 00:28:95
PB (25m pool): 00:28.95 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:29.13 SB: no time
	2 5 M	5 0 M	
PB		00:28.95	
		00:28.95	
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:11, starttime: 16:25
Heat: 11/12 Lane : 1 Athlete: JARNE HAESENDONCKX			Q-time: 00:27:31
PB (25m pool): 00:27.31 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:28.44 SB: no time
	2 5 M	5 0 M	
PB		00:27.31	
		00:27.31	
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:12, starttime: 16:26
Heat: 12/12 Lane : 4 Athlete: VAN WAELDEREN THOMAS			Q-time: 00:25:32
PB (25m pool): 00:25.32 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:25.89 SB: no time
	2 5 M	5 0 M	
PB		00:25.32	
		00:25.32	
			

Coach feedback:

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Event number: 16: 50M BACKSTROKE WOMEN 13+				Heat:5, starttime: 16:35			
Heat: 5/8 Lane : 4 Athlete: LAUREYS XANTE				Q-time: 00:34:28			
PB (25m pool): 00:34.28 Antwerpen 12/10/2025				PB (50m pool): 00:34.56 SB: no time			
	2 5 M	5 0 M					
PB		00:34.28					
		00:34.28					
							

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+				Heat:6, starttime: 16:36			
Heat: 6/8 Lane : 6 Athlete: VINGERHOETS MADELIEF				Q-time: 00:32:93			
PB (25m pool): 00:32.93 Stedelijk Zwembad Geel 16/02/2025				PB (50m pool): 00:34.07 SB: no time			
	2 5 M	5 0 M					
PB		00:32.93					
		00:32.93					
							

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+				Heat:7, starttime: 16:38			
Heat: 7/8 Lane : 8 Athlete: VAN AERSCHOT NEL				Q-time: 00:32:62			
PB (25m pool): 00:32.62 Stedelijk Zwembad Geel 15/02/2026				PB (50m pool): 00:33.84 SB: no time			
	2 5 M	5 0 M					
PB		00:32.62					
		00:32.62					
							

Coach feedback:

Event number: 17: 4x50M FREESTYLE MEN 11+							Heat:2, starttime: 16:48	
Heat: 2/2 Lane : 3 Athlete: TEAM WST 1							Q-time: 01:41:06	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: